

Strip-setting the hook

(a.k.a. strip strike)



“To make a strip strike, point the rod directly at the fish and yank back on the fly line hard and fast. The strip strike is as different from the deliberative, rod-raising hook set of dry-fly trout anglers as ballet is from professional wrestling. And because of the differences in tackle strength –specifically, rods and tippets– there is no need to be tentative in snook fishing.”

Norm Zeigler, *Snook on a fly*, Stackpole, 2007

What is strip setting?

1. Pure rod setting
2. Pure strip setting
3. Hybrid forms

Why a presentation on strip setting?

1. My story: 2003-4, a novice goes dorado fishing
2. 2011: seasoned fishers go dorado fishing
 - a) The recommendations
 - b) The results

Only a dorado-fishing issue?

Confessions

Reasons for rod setting

1. Soft mouth (1)
2. Thin tippet

Reasons for strip setting

1. Rod-setting trajectory and strip-setting trajectory
2. Rod-setting line speed and strip-setting line speed
3. Rod-setting pull and strip-setting pull

Strip setting and saltwater fishing

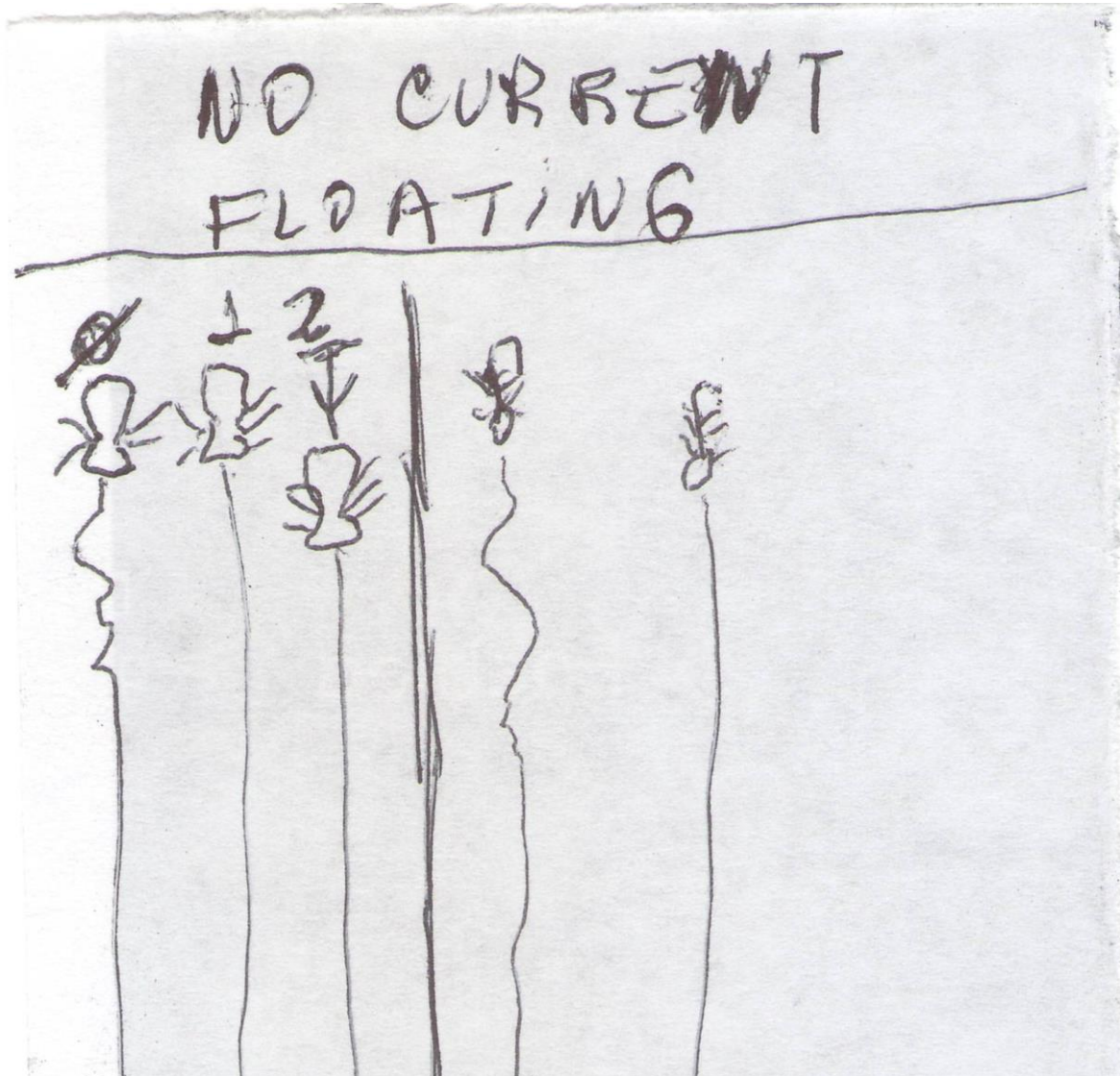
Important for strip setting and after

1. Keep your rod aligned ***with the line.***(2)
2. Keep your line always tight and under control, ***holding it against the grip*** with your index or index and middle fingers.
3. After a bite, do not stop stripping until you feel ***significant resistance*** or you feel you moved the fish; ***only then*** raise your rod to fight the fish. Even when you think that you lost the fish, ***continue stripping.***
4. Be always ***ready to release line*** to a large, hard pulling fish (loop with your finger → drag, depending on fish size).
5. Another fishing story, thank you Lefty (Goya 2010).

Let us now watch an interesting video.

(Another good video on fish fighting in the suggested viewing)

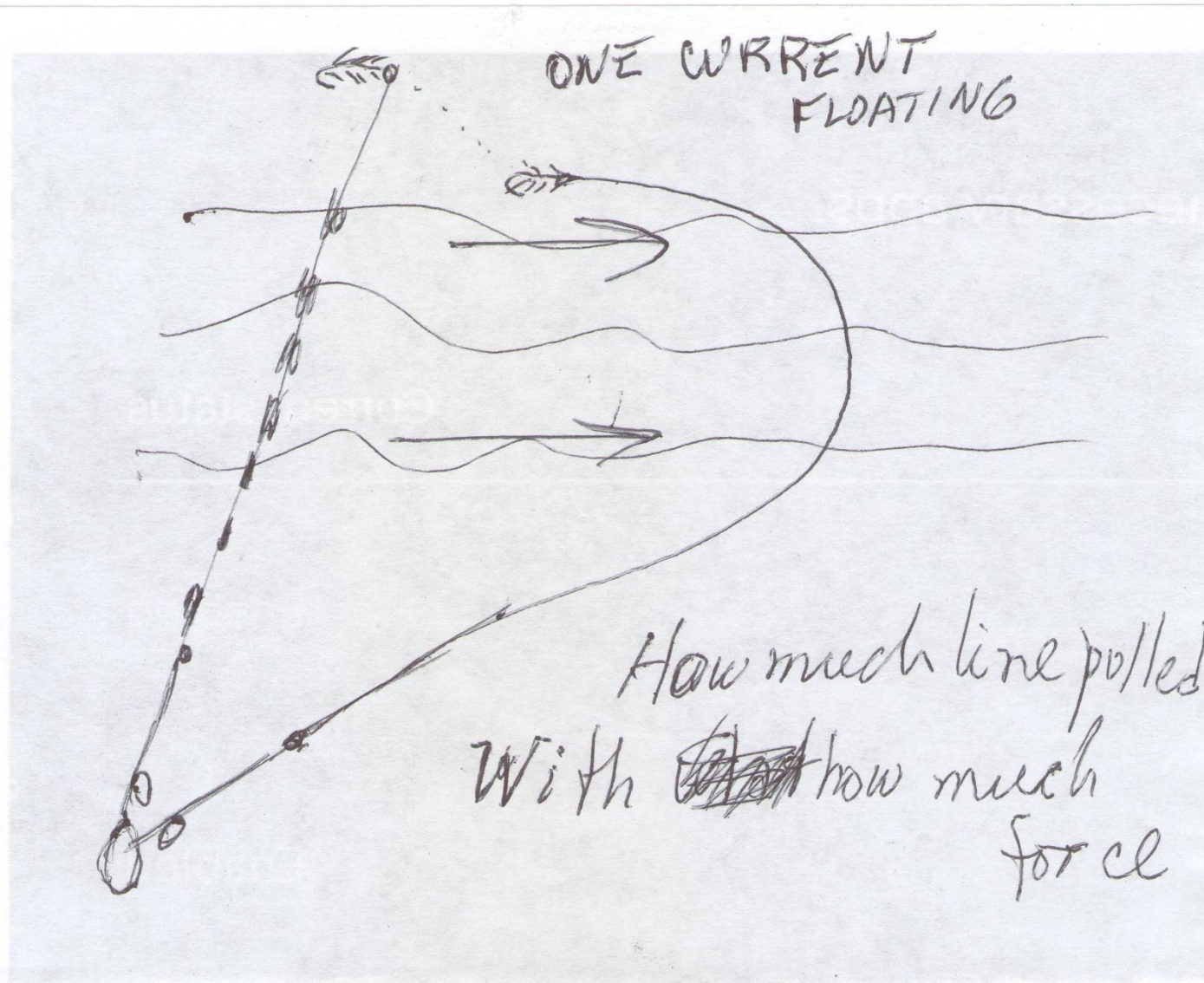
Strip-setting floating lines, no current



One long strip is often enough

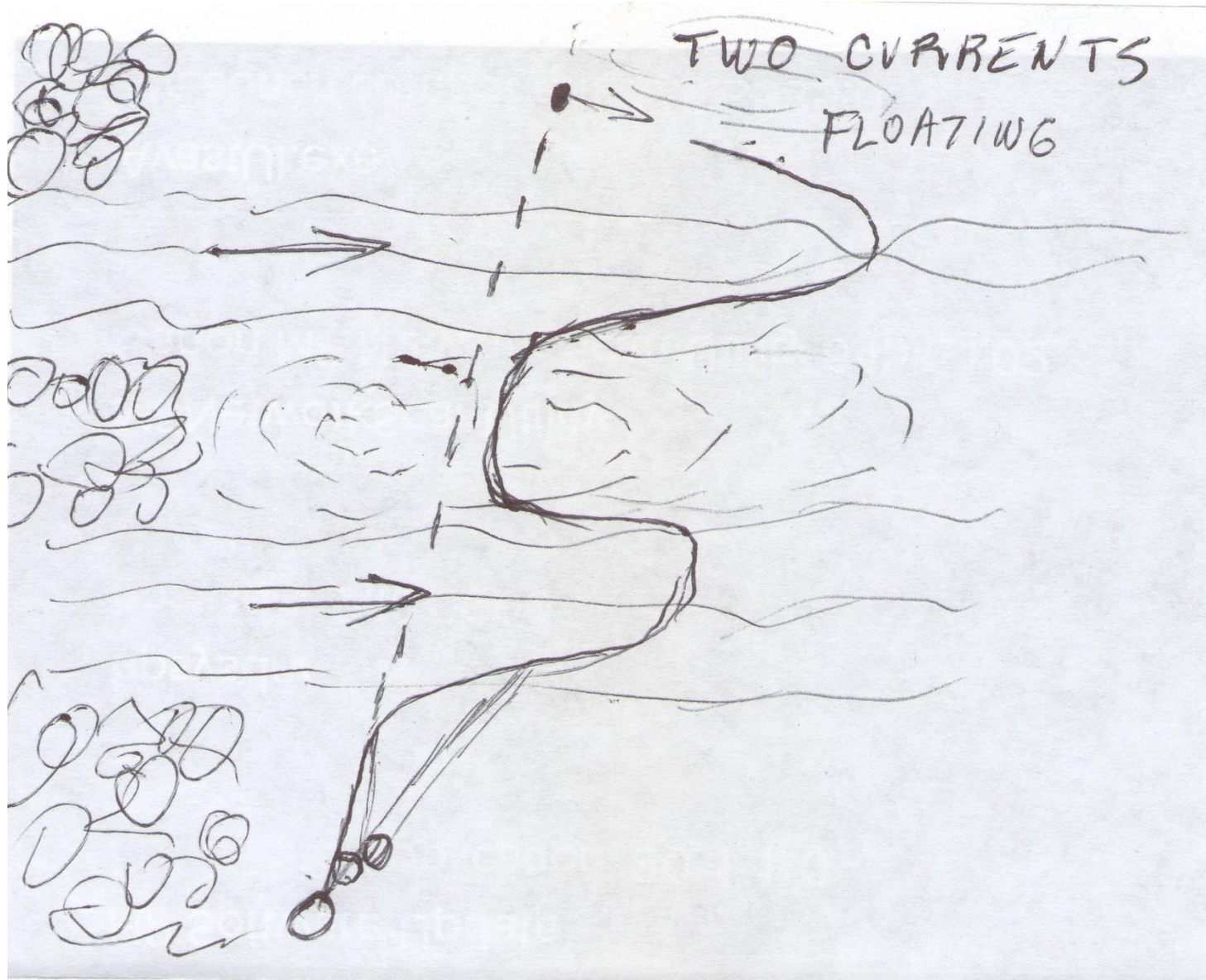
Warning! Fish often strike at the very end of the strip.

Strip-setting floating lines, one current



Strip until the
line is straight

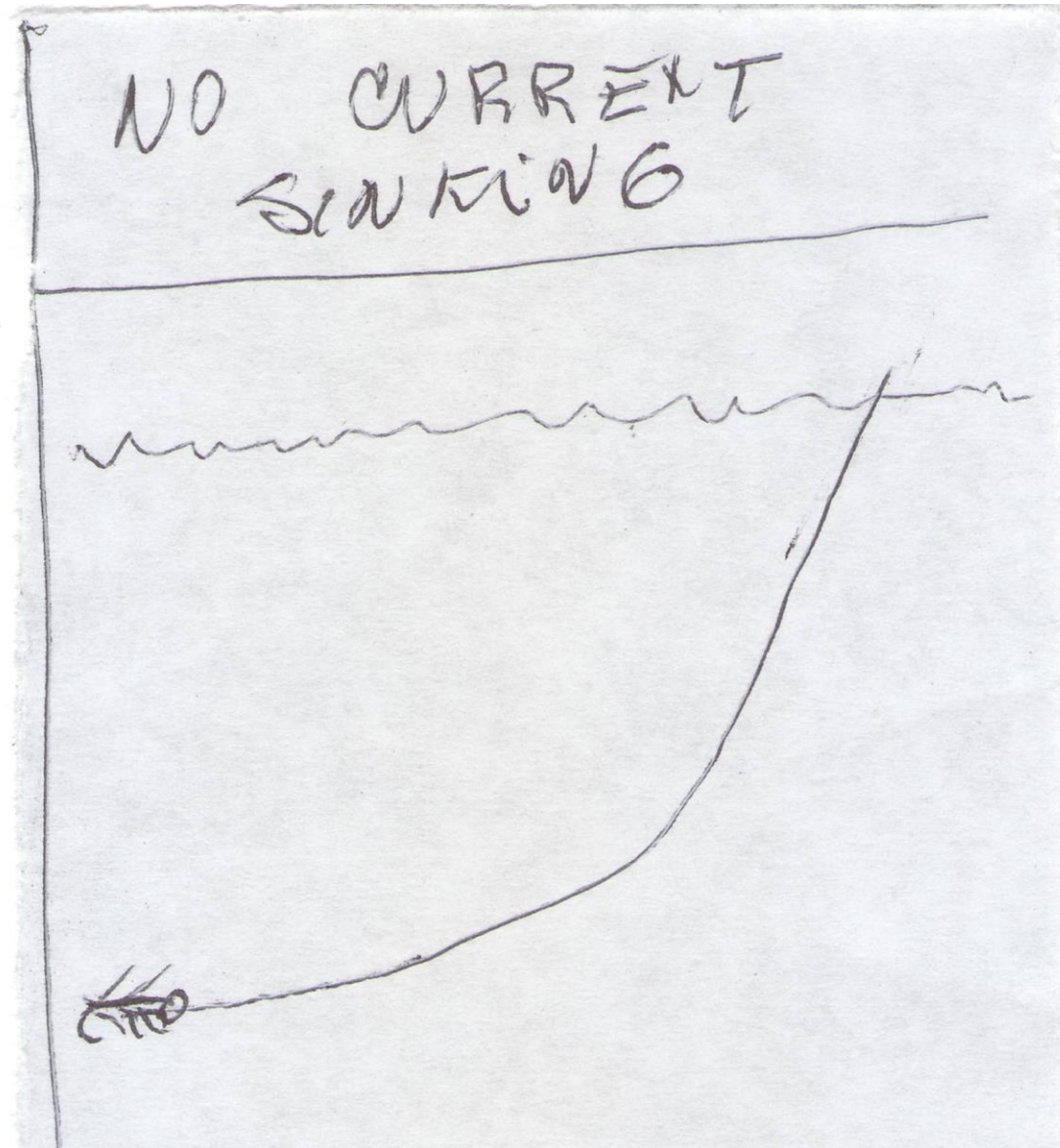
Strip-setting floating lines, two currents



Mend

Strip until the
line is straight

Strip-setting regular fast sinking lines, no current



Strip-setting regular sinking lines in the current

Like in still water, but with a tridimensional curve

Strip setting and muscle memory

1. Muscle memory and dorado fishing experience
2. Breaking muscle memory: practice, practice, ...
3. ... but how? The flying bluegill

Important strip-setting gear



Recommended reading/watching

Gilmore, T. (2002), *False Albacore*, Ch. 8, Country Man.

*Larmouth, D. and R. Fordyce (2002), *Tarpon On Fly*, Ch. 8, Frank Amato.

*Kreh, L. (1986), *Fly Fishing in Saltwater*, (Revised Edition), pp.101-11, Lyons

Kreh, L. (1999), *Presenting the Fly*, pp. 204-210, Lyons (a somewhat dissenting view)

*Orvis <https://www.youtube.com/watch?v=afN9i6gEhec>

*Wejebe, J. and R. Fordyce, https://www.youtube.com/watch?v=kmUIbo_Ukx0

Zeigler, N. (2007), *Snook on a fly*, p.53, Stackpole, 2007.

Enjoy the video class and find the error(s):

<https://www.youtube.com/watch?v=n3P7wXgNnEo>

https://www.youtube.com/watch?v=bLWaK_oGUPo

https://www.youtube.com/watch?v=_ga31ZOyrwc

<https://www.youtube.com/watch?v=T0AvUKkPktQ>